

What the world eats

From the book: Hungry Planet



Japan: The Ukita family of Kodaira City

Food expenditure for one week:

37,699 Yen or \$317.25

Favorite foods: sashimi, fruit, cake, potato chips

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Italy: The Manzo family of Sicily

Food expenditure for one week:

214.36 Euros or \$260.11

Favorite foods: fish, pasta with ragu, hot dogs, frozen fish sticks

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Chad: The Aboubakar family of Breidjing Camp
Food expenditure for one week:
685 CFA Francs or \$1.23
Favorite foods: soup with fresh sheep meat

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Kuwait: The Al Haggan family of Kuwait City

Food expenditure for one week:

63.63 dinar or \$221.45

Family recipe: Chicken biryani with basmati rice

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Mexico: The Casales family of Cuernavaca

Food expenditure for one week:

1,862.78 Mexican Pesos or \$189.09

Favorite foods: pizza, crab, pasta, chicken

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China: The Dong family of Beijing

Food expenditure for one week:

1,233.76 Yuan or \$155.06

Favorite foods: fried shredded pork with sweet and sour sauce

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Poland: The Sobczynscy family of Konstancin-Jeziorna

Food expenditure for one week:

582.48 Zlotys or \$151.27

Family recipe: Pig's knuckles with carrots, celery and parsnips

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Egypt: The Ahmed family of Cairo
Food expenditure for one week:
387.85 Egyptian Pounds or \$68.53
Family recipe: Okra and mutton

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Ecuador: The Ayme family of Tingo
Food expenditure for one week: \$31.55
Family recipe: Potato soup with cabbage

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United States: The Caven family of California
Food expenditure for one week: \$159.18
Favorite foods: beef stew, berry yogurt sundae, clam chowder, ice cream

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Mongolia: The Batsuuri family of Ulaanbaatar
Food expenditure for one week:
41,985.85 togrogs or \$40.02
Family recipe: Mutton dumplings

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Great Britain: The Bainton family of Cllingbourne Ducis

Food expenditure for one week:

155.54 British Pounds or \$253.15

Favorite foods: avocado, mayonnaise sandwich, prawn cocktail, chocolate fudge cake with cream

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Bhutan: The Namgay family of Shingkhey Village

Food expenditure for one week:

224.93 ngultrum or \$5.03

Family recipe: Mushroom, cheese and pork

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Germany: The Melander family of Bargteheide

Food expenditure for one week:

375.39 Euros or \$500.07

Favorite foods: fried potatoes with onions, bacon and herring, fried noodles with eggs and cheese, pizza, vanilla pudding